

# \$100,000+

# FREEDOM

# TRADER

## **For Accounts: \$100,000+ Freedom Trader**

**Time Commitment:** Under 1 Hour Per Week

**Designed for:** Reliable Weekly Income & Long-Term Security

### **Meet David**

David is 50.

He's grown his trading account past \$100K. He's no longer chasing big gains—he's replacing his paycheck with consistent, low-stress trades.

His focus is simple:

**Security. Withdrawals. Freedom.**

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## The Plan

David follows a **2-trade-per-week rhythm** with strict risk controls and passive income setups.

Strategy	Day	Focus	Allocation	Reference
Precision Income	Monday	Reliable Weekly Income	90%	“Precision Income Strategy” module
Profit Stacking Blueprint	Thursday	Bonus Growth with Safety	10%	“Profit Stacking Blueprint” module

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## Precision Income Strategy (85–90% of Account)

**Objective:** Consistent weekly income with defined risk

- **When:** Every Monday
- **Instruments:** SPY, QQQ, KO, PFE, WM , AAPL
- **Strategies Used:**
  - Credit Spreads
  - Cash-Secured Puts (CSPs)
  - Covered Calls (on long-term holdings)

## Trade Sizing:

- **Capital per Trade:** 5% to 25% of account
- **Expected Weekly Return:** 1%
  
- **Risk per Trade:** Capped at 3% (\$3,000 max loss) (CSP has little Risk)
  
- **Execution Time:** 30 min/week
  
  
- **NOTE: Never Use Margin**

## ✔ Sample Covered Call + CSP Portfolio (Approx. \$85,000 Allocated):

Ticker	Strategy	Shares	Price	Capital Used	Premium Collected
WMT	Covered Call	100	\$65	\$6,500	\$120/week
KO	Covered Call	200	\$62	\$12,400	\$210/week
PFE	CSP	2 puts	\$30 strike	\$6,000	\$80/week
SPY	Credit Spread	100 Contracts	613	\$15,000	\$150/week
QQQ	Credit Spread	100 Contracts	515	\$15,000	\$150/week

**Total Premium Weekly:** ~\$115

**Withdraw 40% (\$284), Reinvest \$426**

This creates steady income while recycling capital efficiently.

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## **Profit Stacking Blueprint (10% of Account)**

**Objective:** Add extra growth while controlling downside

- **When:** Every Thursday
- **Instruments:** DIA, SPY, QQQ, IWM
- **Strategies:**
  - Earnings Plays
  - Volatility Breakouts
  - Diagonals / Iron Condors

### **Capital Model:**

- **Total Capital Allocated:** \$10,000
- **Per-Trade Capital:** \$2,500
- **Risk per Trade:** \$1,250 (max 2%)
- **Target Win:** \$625 (25%)
- **Win Rate:** 87% (based on historical trades)

### **Example Week:**

<b>Week</b>	<b>Trade Type</b>	<b>Capital Used</b>	<b>Risk (\$)</b>	<b>Profit Target</b>
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Week 1	DIA Debit Spread	\$1000	\$500	\$250
Week 2	QQQ Debit Spread	\$1,000	\$500	\$250

Divide this into 5 parts so you can always be in a trade.

For example if you have \$ 20,000 for Profit stacking use \$4,000 per trade.

### Account Growth Chart

Even while withdrawing 40% of profits each week, David's account continues to grow thanks to **risk-controlled trade sizing and compounding.**

Here's what that looks like over 12 months with consistent 1% weekly returns and 5% capital per trade:

Month	Starting Balance	Weekly Profit	Withdrawn (40%)	Reinvested (60%)	Ending Balance
Month 1	\$100,000	\$1,500/week	\$600/week	\$900/week	\$103,600
Month 6	\$121,000	\$1,815/week	\$726/week	\$1,089/week	\$128,534
Month 12	\$147,000+	\$2,200+/week	\$880+/week	\$1,320+/week	\$160,000+



## Account Growth with Weekly Withdrawals

Even with 40% of profits withdrawn each week, David's account grows because:

- Each trade uses a **fixed % of capital**, not fixed dollars
- Compound growth increases the weekly reinvested amount
- Risk is capped, but income is scalable

