

Momentum Trader Strategy (Intermediate)

For Accounts: \$50,000 – \$100,000

Time Commitment: 1 Hour Per Week



Designed for: Consistent Growth + Income Withdrawals

Meet Sarah

Sarah is 42, and after growing her account past \$50K, she's ready to **balance compounding with real income**. She's not trading to escape the grind anymore—she's now using trading to build long-term financial independence.

The Plan:


Sarah follows a **disciplined 2-trade-per-week system**, optimized for larger accounts and lower risk.

Strategy	Day	Focus	Allocation	Reference
 Precision Income	Monday	Stable Weekly Income	70%	<i>Taught in the “Precision Income Strategy” module</i>
 Profit Stacking Blueprint	Thursday	Moderate Compounding	30%	<i>Step-by-step inside the “Profit Stacking Blueprint” module</i>

Precision Income (70%)

Goal: Build consistent, dependable weekly income

- **When:** Every **Monday**
- **Setup:** 1 trade per week using **cash-secured puts or credit spreads**
- **Instruments:** SPY, QQQ, IWM, DIA
- **Capital Used:** 70% of account
- **Expected Weekly Return:** 1.5%
- **Withdrawal Plan:** Pull 10–20% of profits weekly
- **Execution Time:** 30 minutes/week

 *Full details in the “Precision Income Strategy” section of the course.*

Profit Stacking Blueprint (30%)

Goal: Continue moderate compounding with defined risk

- **When:** Every **Thursday**
- **Setup:** 1 trade using **iron condors, diagonals, or debit spreads**
- **Instruments:** SPY, QQQ, IWM, DIA
- **Capital Used:** 30% of account
- **Risk per Trade:** 3–5% of account
- **Expected Return:** 25% on winners
- **Win Rate:** Historically 87%

- **Execution Time:** 30 minutes/week

 You'll master this in the "Profit Stacking Blueprint" section of the course.

Weekly Contribution Plan

Sarah still adds **\$200 per week** to support long-term compounding

Weekly Add	Amount
Contribution	\$200

Financial Shift: Stability First

Sarah's mindset is evolving:

- From: "Grow fast at all costs"
 - To: "Create a stable trading income I can rely on"
 - She's now balancing growth with **occasional withdrawals** to reward herself and begin lifestyle freedom.
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Account Growth with Contributions + Withdrawals

The chart below shows Sarah's journey from \$50,000 over 1 year, using:

- **Weekly contributions**
- **70/30 strategy split**

- **Realistic profits, and drawdowns.**

As you can see, the account continues to grow steadily—

